

I Am A Close Contact

Sidney-Shelby County Health Department recommends anyone that is not fully vaccinated who has had close contact with someone with COVID-19 stay home for 10 days after their last exposure to that person. They should continue to wear their mask and monitor themselves for symptoms through day 14. Individuals may consider ending quarantine after day 7 by obtaining a negative COVID-19 test (PCR or antigen) on day 5 or later. We continue to encourage individuals to wear a mask whenever someone is around other from outside their household.

The CDC recently released a new guidance for people who have been fully vaccinated.

Fully vaccinated people can:

- Resume activities you did prior to the pandemic
- Resume domestic travel and refrain from testing before or after travel or self-quarantine after travel
- Refrain from testing before leaving the United States for international travel (unless required by the destination) and refrain from self-quarantine after arriving back in the United States
- Refrain from quarantine following a known exposure, if asymptomatic
- Refrain from routine screening testing if feasible

For now, fully vaccinated people should continue to:

- Wear a mask while indoors
- Be tested 3-5 days after international travel
- Following a known exposure, be tested 3-5 days after the exposure even if you don't have symptoms. You should wear a mask indoors in public for 14 days after exposure, or until your test result is negative.
- Get tested if experiencing COVID-19 symptoms
- Follow CDC and health department travel requirements and recommendations



Public Health

Prevent. Promote. Protect.

Sidney-Shelby County
Health Department