



# Shelby County MRC Newsletter

## Coordinators Message



Roberta Mangen, REHS, MPH  
Emergency Preparedness  
Sidney-Shelby County Health Dept.

Although the MRC STTRONG grant has ended for the West Central Ohio Region health departments, Eileen Ferree who was the WCO MRC liaison for this grant will be continuing as an MRC Coordinator along with Roberta Mangen for the Sidney-Shelby County Health Department (SSCHD). Some of the activities we started as part of the MRC STTRONG grant will also be continuing such as quarterly CPR trainings and volunteer recruitment events. Although there is a class fee to the public to cover expenses, CPR trainings will continue to be free for Shelby County MRC members.



Eileen Ferree  
WCO MRC Liaison  
Sidney-Shelby County Health Dept.

The SSCHD has received a \$10,000 MRC Operational Readiness Award from the National Association of County and City Health Officials (NACCHO). This grant will help us provide Stop-the-Bleed Trainings to our agricultural community. MRC volunteers that became Stop-the-Bleed Trainers from the MRC STTRONG Grant will have volunteer opportunities to assist with these trainings. On August 26, 2025, we are putting Stop the Bleed Kits together, anyone can help. See information below.

## Stop the Bleed Kits

**August 26, 2025**

**1pm to 3pm**

**Location:** Sidney-Shelby County Health Department  
202 W. Poplar St.  
Sidney, OH 45365



**Help us put Stop the  
Bleed Kits together for  
upcoming trainings.**

**To Sign-up to help,** Scan QR Code,  
Check your e-mail for link,  
or, call 937-498-7249

## CPR Training



# CPR TRAINING

Basic Life Support (BLS) Training



**Public Health**  
Prevent. Promote. Protect.

Sidney-Shelby County  
Health Department

*Scan for more  
information*



### **Dates:**

- October 9, 2025
- January 8, 2026

### **Training includes:**

- Scenarios to recognize life-saving emergencies
- High-quality chest compressions
- Ventilation and early use of an AED

OR CALL 937-498-7249

**Courses are free to  
Shelby County Medical Reserve Corps (MRC) Members.**

# September is National Preparedness Month

## 12 WAYS TO PREPARE

- |   |  |  |   |  |  |
|---|--|--|---|--|--|
| <input type="checkbox"/><br><br><b>Sign up for Alerts and Warnings</b> | <input type="checkbox"/><br><br><b>Make a Plan</b>          | <input type="checkbox"/><br><br><b>Save for a Rainy Day</b>   | <input type="checkbox"/><br><br><b>Practice Emergency Drills</b>   | <input type="checkbox"/><br><br><b>Test Family Communication Plan</b> | <input type="checkbox"/><br><br><b>Safeguard Documents</b>          |
| <input type="checkbox"/><br><br><b>Plan with Neighbors</b>             | <input type="checkbox"/><br><br><b>Make Your Home Safer</b> | <input type="checkbox"/><br><br><b>Know Evacuation Routes</b> | <input type="checkbox"/><br><br><b>Assemble or Update Supplies</b> | <input type="checkbox"/><br><br><b>Get Involved in Your Community</b> | <input type="checkbox"/><br><br><b>Document and Insure Property</b> |

### SHELBY COUNTY ALERTS



TEXT 'SHELBYCO' TO

**38276**

TO RECEIVE EMERGENCY ALERTS VIA SMS

Or sign-up to receive emergency alerts and community notifications that may impact you and your family.  
[shelbycounty-oh.myfreealerts.com](http://shelbycounty-oh.myfreealerts.com)



The CivicReady solution will allow Shelby County to issue urgent notifications, emergency instructions, warnings, and routine communications to subscribed citizens via email, text message, and voice alert, to keep citizens safe and informed.



### Shelby County Alerts

With many of us no longer having landline phones, we would encourage you to sign up for this free system to receive emergency alerts and community notifications

# SHELBY COUNTY FAIR

Thank you to all the  
MRC Volunteers and  
Health Department Staff  
that helped with the  
fair booth!



Maryam Lyon  
Rhonda Gump  
Carol Dircksen  
Tami Folk  
Tam & Karen Beavers  
Kent Topp  
Jane Schweitzer  
Roberta Mangen  
Kristen Heitman  
Shannon Nagel  
Bill Tady  
Jannel O'Leary  
Laura Booth

