



Shelby County MRC Newsletter

Coordinators Message



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Emergency Preparedness
Sidney-Shelby County Health Dept.



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Sidney-Shelby County Health Dept.

We are continuing with quarterly CPR trainings (*American Heart*). This is a great way to keep up with your CPR skills and certifications. CPR trainings will continue to be free for Shelby County MRC members. For members of the public, there is a class fee to cover expenses. See enclosed flyer for our next class dates and how to register.

As part of the Public Health Emergency Preparedness (PHEP) grant, next month we will be hosting a biological discussion game/exercise to test our preparedness. Event information is included in this newsletter.

The SSCHD is providing Stop the Bleed Trainings within our community as part of a grant received from the National Association of County and City Health Officials (NACCHO). MRC volunteers that became Stop-the-Bleed Trainers are welcome to assist with these trainings. If you have not attended a Stop-the-Bleed Training, you are invited to attend any of our future trainings. Please see enclosed flyer.



Thank you!

to all of our
volunteers who
helped make the
Stop the Bleed Kits.

Stop the Bleed Training Opportunity

Amos Memorial Public Library



Thursday, January 22
6:00 - 7:00 P.M.
Community Room

Saturday, January 24
11:00 A.M. - 12:00 P.M.
Community Room

Average time
to bleed out



Average time
for 1st responders
to arrive



Trauma-related
deaths worldwide
due to bleeding



*In an emergency, every second counts—would you know
how to save a life?*

*Learn the skills to stop traumatic bleeding, be tested
and become certified.*

*Each participant will receive a Stop the Bleed Kit from the
Sidney-Shelby County Health Department to take home.*

*Register in person or by calling the
Amos Memorial Public Library.*



Public Health
Prevent. Promote. Protect.
Sidney-Shelby County
Health Department

SHELBY COUNTY
Libraries
shelbycountylibraries.org

230 E. North Street

Sidney, OH 45365

(937) 492-8354

CPR Training Opportunity



CPR TRAINING

Basic Life Support (BLS) Training



Public Health
Prevent. Promote. Protect.

Sidney-Shelby County
Health Department

*Scan for more
information*



Dates:

- January 8, 2026
- April 9, 2026

Training includes:

- Scenarios to recognize life-saving emergencies
- High-quality chest compressions
- Ventilation and early use of an AED

OR CALL 937-498-7249

Courses are free to
Shelby County Medical Reserve Corps (MRC) Members.

Training Opportunity: Biological Discussion Game



SIDNEY-SHELBY COUNTY HEALTH DEPARTMENT

The Sidney-Shelby County Health Department would like to invite you to participate in a Biological Discussion Game on January 28, 2026 from 1pm-3pm.

The game is kind of like Jeopardy; but, you will be in teams and it should be a great learning experience and hopefully a lot of fun.

The event will be held at the Shelby County Ag Building, 810 Fair Rd., Sidney.

**To sign-up use QR Code
or call 937-498-7249**

Location:

Shelby County Ag Building
810 Fair Rd., Sidney

Date: January 28, 2026

Time: 1-3pm

Please let us know if you have any questions.



Harm Reduction Vending Machine

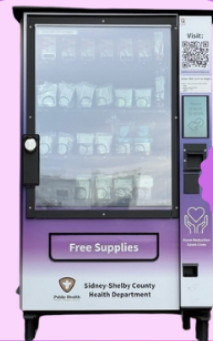


Harm Reduction Saves Lives



SIDNEY-SHELBY COUNTY HEALTH DEPARTMENT

24/7 ACCESS



PARTNER LOCATIONS



FREE
supplies!

Harm reduction supplies help prevent the spread of infectious diseases, reduce overdose deaths, and improve community health outcomes, which benefits everyone in Shelby County. These efforts lower healthcare costs and improve public safety for all Shelby County residents.

The SSCHD now has a harm reduction vending machine at its location and vending boxes at community partner locations. Some of the harm reduction supplies currently available include: Narcan, Fentanyl Test Strips, Covid Test Kits, Hygiene Kits, Safe Sex Kits, Pregnancy tests, and Gun Locks.

These supplies are purchased entirely with grant funds and donations designated for this purpose. No local tax dollars are used for this initiative.



Thank you!

to all of our volunteers
who have helped package
and label the supplies for
the machine/ boxes.

WISHING
YOU A

wonderful

HOLIDAY
SEASON



**SIDNEY-SHELBY COUNTY
HEALTH DEPARTMENT**